



Contact List for the COVID-19 MAC Oversight Group

The purpose of this group is to oversee the implementation of safety and health guidelines within the club.

The OVA has recommended a minimum of 3 individuals, aged 18 and older, be designated as the COVID-19 Club Oversight Group.

This information has been/will be communicated to club members in an e-mail communication through each Parent Rep and posted to the club website at www.macvolleyball.ca.

Dear MAC Members,

We would like to inform you of the individuals who will be acting as the COVID-19 MAC Oversight Group as we transition back to volleyball activities.

The following people will comprise this COVID-19 Oversight Group

Name	Position	Phone	Email
Anie Chevrier	Co-Lead, RN and parent Volunteer		anie@thetravelboutique.ca
Gillian Gibbons	Co-Lead, RN and parent Volunteer		gilliangibbons2013@icloud.com
MAC Executive Committee Members			macvolleyballclub@gmail.com

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.



Club COVID-19 Protocols

MAC has created a set of protocols to deal with situations related to the COVID-19 pandemic that might occur.

These protocols will be posted to the MAC website. In addition, MAC has consulted with our rental facilities and re aligned on one another's protocols.

The Mountain Athletic Club would like to thank the Ontario Volleyball Association for making available this template. In addition, MAC and the OVA thank Skate Ontario for developing the draft information below for consideration by all clubs in creating their protocols.

Completion of Ontario Volleyball COVID-19 Waiver

All individuals participating in club must complete the Ontario Volleyball Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in club activities.

Any individual participating in club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Ontario Volleyball:

- Athletes
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note: this will be kept on file with Ontario Volleyball)

Any individual participating in club activities is required to complete a COVID-19 Health Screening up to 1 hour prior to the scheduled event, practice, strength and condition. Failure to provide proof of the Health Screening being completed the individual will be turned away and not allowed to participate in the planned activity. A COVID-19 Health Screening must be done prior to every event planned. No exceptions will be made.

An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available. The individual will be escorted outside immediately
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 MAC Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing

An individual is tested for COVID-19

- Any individual that is part of a club that has been tested for COVID-19 must not participate in club activities while waiting for the results of the test
- The club along with the COVID-19 MAC Oversight Group will consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual
- Any club members who were in close contact with the individual should not participate in club activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals



An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they are advised to inform a member of the COVID-19 MAC Oversight Group immediately upon receipt of the results
- The COVID-19 MAC Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
- Any club members who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing. Upon initial return to a club activity a temperature will be taken prior to be allowed to participate
- The COVID-19 MAC Oversight Group will inform all club members of a positive COVID-19 result within the club setting
- The COVID-19 MAC Oversight Group will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The COVID-19 MAC Oversight Group will inform Ontario Volleyball of a positive COVID-19 diagnosis by emailing clubsupportservices@ontariovolleyball.org

Return to club activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to club activities once they no longer have any symptoms of COVID-19 for a minimum of 24hrs

Return to club activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities. The individual must update the COVID-19 MAC Oversight Group of what public health has advised

Modification/restriction/postponing or canceling of club activities

- Based on the evolving COVID-19 pandemic, the club along with the COVID-19 MAC Oversight Group is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- The MAC Executive and COVID-19 MAC Oversight Group will utilize TeamSnap for communication of cancelled club activities
- All club members will be informed as soon as possible of any modifications/restrictions or cancelations
- The MAC Executive and COVID-19 MAC Oversight Group will keep all modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials/administrators

Public Health Guidelines

Club members should follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities
- Any individual who has someone in their household showing symptoms of COVID-19, should not participate in club activities



Club COVID-19 Communication Plan

The COVID-19 MAC Oversight Group, under direction from the OVA, has developed the following communication plan for our membership with respect to the Return to Play Stages.

1. The COVID-19 MAC Oversight Group Response Plan will be posted on the club's website with up to date information for all club members
2. Up to date contact information for all club members will be collected and maintained including the name of the school the athlete attends
3. Information from the COVID-19 MAC Oversight Group will be communicated using TeamSnap and/or via each team's Parent Rep.
4. The COVID-19 MAC Oversight Group will maintain communication with the club membership on a bi-weekly basis or when required.
5. During the club's virtual Town Hall webinar to welcome athletes to the season, the COVID-19 MAC Oversight Group will deliver an update on the Return to Play protocols and answer any questions/concerns
6. As highlighted in MAC's response plan above, a member of COVID-19 MAC Oversight Group will follow up with any individual(s) who become unwell with symptoms of COVID-19 during club activities
7. To start the season, daily Session Participation Tracking sheets will be maintained on paper in the Head Coach's logbook
8. If a club member has tested positive for COVID-19, the COVID-19 MAC Oversight Group will inform all club members that may have been in close contact with that individual
9. The COVID-19 MAC Oversight Group will ensure the facility and Ontario Volleyball are informed if a club member is diagnosed with COVID-19
10. The COVID-19 MAC Oversight Group will ensure the public health unit has been made aware of the member being tested positive with maintaining confidentiality